

# Walks in Selva Val Gardena, Italian Dolomites



by Lance Chilton

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**Descriptions are based on starting** the walks in **Selva**, or catching buses from the Selva area. They could easily be adapted to start from **Santa Cristina** or **Ortisei**. The book is intended for walking in the summer, not in the winter. Routes are described as part-day or full day walks, although there are plenty of refuges if you wanted to overnight in the countryside. These are not particularly cheap – you should check availability beforehand if possible.

In the text, “↗” / “↘” = a section covered by an **uphill/downhill ski-lift**.