

Walks in La Palma, La Isla Bonita



by Lance Chilton

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INTRODUCTION

Descriptions are based on **starting** the walks in **Los Cancajos**, or catching buses from the Cancajos area. They could easily be adapted to start from Santa Cruz. They would also be possible from Los Llanos, albeit with an extra 30-60minute bus journey at either end of the day.

Unless described otherwise, all these walk routes are in reasonable condition, but this situation can change quickly in an area of sometimes violent weather and subsequent land-slips or altered surfaces – not to mention the effect of bulldozers. Most paths have at least some loose stones, and rain can very quickly make the steeper ones unsuitable for the less agile, or indeed for anyone. Written for the active walker, none of the walks are intended as a light stroll or are suitable for someone with, for example, dodgy ankles, bad knees or a serious weight or health problem.