

WALKS IN WESTERN KOS



by Lance Chilton

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The Walks	page
1. Kamári to Kéfalos	7
1a. Kamári to Kéfalos	7
1b. Kamári to Kéfalos to Kamári.	9
2. Kamári to Limniónas junction to Kamári.	10
3. Kéfalos to Kamári harbour.	11
4. Kamári to Asprí Pétra and Mt Zini.	12
5. Kamári to Ágios Ioánnis Thymianós monastery.	16
6. Ágios Ioánnis Thymianós monastery to Ágios Mámas.	16
7. Kamári or Kéfalos to Palatianí.	18
7a. Kamári to Palatianí.	18
7b. Kéfalos to Palatianí.	19
8. Kamári or Kéfalos to Astipália to Panagía Stylóti to Ágios Theológos.	20
9. Kéfalos to Miliés to Langádes Beach to Ágios Theológos	23
10. Kamári to Ágios Stéfanos to Camel Beach to Paradise Beach (and beyond)	25
Hohiliaríou Bay	26
PALEÓ PYLÍ.	26
ANDIMÁHIA.	27
ANDIMÁHIA CASTLE.	27
NÍSYROS	28
INDEX	30
DIAGRAM OF WALK ROUTES	31

This book is intended for walkers staying in the area of Kamári (Kéfalos) in western Kós.

INTRODUCTION

Please note that unless described otherwise, all these routes were in reasonable condition at the time of writing, but this situation could change quickly in an area of sometimes violent weather and subsequent land-slips or altered surfaces. The locals' use of bulldozers can also destabilize routes or even completely bury them. Most paths have at least some loose stones, and rain can make the steeper ones unsuitable for the less agile. Written for the active walker, none of the walks are intended as a light stroll, nor are they suitable for someone with, for example, dodgy ankles, bad knees or a serious weight or health problem.

Anyone using this book does so at their own risk. Although the author has used all the routes described without any mishap, and has tried to describe the routes as accurately